

BRIDGES

WEDNESDAY, APRIL 23, 2014

READ MY BOOK:

The Gormley Papers
I'm Right & You Know It
P.2

GARDENING:

Columnist Erl
Svendsen's top five
fragrant plants **P.11**

SPACES:

Beauty and light fill
creative co-working
space **P.12**

A STARPHOENIX COMMUNITY NEWSPAPER

A WRITER BY NATURE

CANDACE SAVAGE CULTIVATES
HER LOVE OF THE PRAIRIES
INTO A LITERARY LANDSCAPE
P. 6



FREE

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

JOHN GORMLEY

The Gormley Papers: I'm Right & You Know It

The Gormley Papers: I'm Right & You Know it is my second book. Based on my columns in The Saskatchewan StarPhoenix and The Regina Leader-Post for the past three years, the book opens the doors of the new and innovative, in all its complexity I have dedicated this book to my radio listeners and to my fans.



John Gormley

by

My first book was the Canadian bestseller Left Out Saskatchewan's NDP and the Relentless Pursuit of

Majority — fun to say it was a very political book. The new book is one that celebrates you — encouraging you to question the events shaping our society and to cherish the relationships in your life.

Having spent my childhood in rural Saskatchewan, many of my perspectives were influenced by my parents — immigrants to Canada — who felt it was important to value good books, good music and good citizenship. It centered to them, and it centers to me, that we live our lives in the right, in value, freedom of speech and the ability to give back to your community — sort of, of course, the Saskatchewan Roughriders! The book also simplifies Saskatchewan's turbulent into

a place where a more confident, you live attitude has taken hold — not less, but more that better of our opportunities and ourselves.

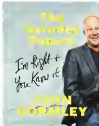
As a talk show host, I've been on life's observation deck, witnessing people and their concerns — pain, injustice, triumph and joy. Looking back, for a brief period, into the varied lives of many people there isn't much I haven't written about. The Gormley Papers explores what it feels like to experience living a system of norms, to deal with depression or to leave the comfort of your life to run for political office. It questions some popular beliefs, affirms others and looks at the role of media in our lives. The book also challenges you to play a vital part

in our democracy and to grow old with grace.

Have we become too politically correct? Have we become a society of protesters? How influential are we by media? Is cyber vigilantism the new court of law?

I hope you enjoy my book. You won't be surprised that I'm opinionated or that I rant on occasion. The book shares some personal experiences, some notes and some humour. Would I dare to give you advice on how to live your life? You Are I right? You bet. And you know it.

The Gormley Papers: I'm Right & You Know It. Hardcover, \$29.95, available at McNally Robinson and Chapters Indigo.



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ON THE COVER PG. 6



Scotiabank owner Tjallingii with her associate canine, person and culture advocate Canadian Savage judge with her three dogs at her home. BRIDGES PHOTO BY MICHELLE BERG

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Models walk the runway's latest from Dutch Showers' spring collection at the Choe laCue Fashion Show on April 16. Bridges photo by Michelle Berg

BRIDGES COVER PHOTO BY MICHELLE BERG

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IN THE CITY

APRIL 20, 2014 — 2:29 P.M.

Honing her craft



Reha and Aya-Rahel construct special baskets to celebrate spring at the Museum of Contemporary Art in part of their "Something on Sunday" art-making for children inspired by the season. **REHAB PHOTO BY GENIE COMPTON #136**

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ON THE COVER

People who love the prairies are
its last best hope
— Candace Savage

CANDACE SAVAGE

Writer digs into her prairie roots for inspiration

By Ashley Martin

'Oh! Oh! Where are you?' cried May at the face of the garnet wig.

*'Here!' answered a hoarse voice from above, and running up, May found her sister eating apples and crying over the floor of baby's cradle, wrapped up in a comforter on an old three-legged sofa by the sunny window. This was John's favourite refuge, and here she loved to retire with half a dozen novels and a new book, to enjoy the quiet and the security of a girl not who lived nearby and who I could hear a peevish — *Loose May Abash: Little Women*, 1902*

Candace Savage's relationship with words began with bedtime stories.

Her 3½-hour mother read each night. Edna Sherk read to her three daughters, the eldest of whom became a headmaster at the school children's classes.

Little Women was her favourite, the story of four daughters, one a writer with a pet rat.

'Who knows how incidental that was?' said Savage.

In a childhood spent shuffling across the Alberta prairie, she became acquainted with her future subject matter. Of her 38 books, 30 are about nature and six are set in the Territories.

The beauty of the landscape captivated her; she continues to explore it with a gaggle of pets and her partner of 20 years Keith Bell.

'When you're in a place that doesn't allow you, like a mountain chain, to see the horizon, you're forced to think thoughts and feelings in sort of subtle around and simple.'

♦ ♦ ♦ ♦

*But it wasn't until I tried to write that I knew I had somehow become a deep-thought, that is the most prairie person. This kind was just of my first and how of my love. Now it was I can tell it was my mother's doing — *Prayer: A Sacred History*, 2004*



Saskatoon non-fiction writer, painter, photo-processor and nature advocate Candace Savage at her home with some of her published works. CP PHOTO BY NIKKI COMPTON

Savage was born Dec. 3, 1940 in Grande Prairie, Alta., very nearly in a pickup truck. To her parents, Edna Humphrey and Harry Sherk:

As their eldest child, Savage reaped the benefits of years of bedtime stories, the rhythm of the words seeping into her imagination every night into her previous years. Blindness was three years her junior, and Edna was

Moving 38 times in her first 34 years of life as her father's job-hunted them across Alberta, was living alone could count on was the monthly

children's book the family received in the mail through Junior Deluxe Editions. With many public libraries in her hometown, "These books were a real treasure for us."

They filled a shelf in the Sherks home.

In spite of moving so much, or perhaps because of it, the region became her home.

She's a self-described "prairie person." Her roots are here, since her ancestors came to Alberta in the early 1800s from Missouri and Ontario. She lived a spell in the Northwest

Territories, but her people have since called her back.

'Mothers are very important people and I think some of that I inherited from her, that sense of connection,' said Savage.

♦ ♦ ♦ ♦

'Writing books is my way of getting on education.' — *A Geography of Blood: Unearthing Memory from a Prairie Landscape*, 2002

When the British high school in

1907, Savage moved to Edmonton to pursue an honours English degree at the University of Alberta. There, she met her future husband, Arthur Savage, a physics graduate. His work brought them to Saskatoon.

She started graduate school herself, in history and biology, several times, but never stuck it out.

'I think I'd gone through school sort of absorbing it. You get enough education, you could become an honours man,' said Savage. 'I came to realize that that wasn't the case.'

Continued on Page 8

THE BOWL
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THE BOWL AT GORDON HOWE PARK

BOWL

It is a highlight of my career, the opportunity to work with Candace for so long.
— Rob Sanders

Whether or not it was Thoreau's influence, the decided uncertainty was not the best place for her anyway. "I didn't want to wait 'til I was retired to do what I wanted to do."

She wanted to be a writer, but she wasn't sure how to go about it. A fear of criticism kept her from sensitive writing classes. But one thing led to another when she received a grant to write articles about women in history for *WasteWeek*, weekly newspaper. Then she became a freelance editor at Western Professor Private Books, which "digitized" the writing process for her, and chronicled the course for the rest of her career.

There, she worked with editor Rob Sanders, whom she remembers as a "distant, disheveled presence" during her internships days. When Sanders moved to Douglas & McIntyre in Vancouver, Savage joined a new publisher. Now Sanders' *WasteWeek* books is her editorial home.

"She's just a wonderful, wonderful writer," said Sanders, with a "phenomenal drive to not be satisfied until she knows that she knows."

"It is a highlight of my career, the opportunity to work with Candace for so long."

Savage's literary education was no money class; she started out as a writer. She would be a novelist, she decided. And fiction took too long to write. — Our *Not A Strip Book Biography* of Nellie J. McLaughlin 1899

Savage's first story was written as a semi-journal in *WasteWeek*. She thinks it was probably about Britain, though she doesn't quite recall; it was published in the *Duncan City* newspaper.

Nellie, was fiction as "far enough away from home for me."

"I understand that people who are writing fiction are writing about the real world. But I'm more interested in trying to explore things at a closer distance without the intermediary of making things up," said Savage. "I've written a lot about other species and other times and as you're always still creating."



Portrait of Candace Savage's parents, Edna Macpherson and Henry Shier, who were both teachers. Photos photo by Michelle Riso

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There are many, many fine writers in this province who are routinely producing wonderful books. So that's a great privilege to have a circle of friends and acquaintances that include so many brilliant people. — *Savage*

She narrates her imagination writing about history and natural scenes. Specifically, she's written more than two dozen volumes running the gamut, wolves, whales and muskox, songbirds and cats, birds and lovely spaces.

Her first solo book, a biography of suffragette Nellie McClung, was published in 2009. The same year marked the birth of her daughter Diana.

Two years later Savage's husband died of ascending cholangitis, a bile-duct disease. He was 52.

"He went from being healthy to being dead in just the space of a few days. It was pretty devastating," said Savage. "Diana saved my life just by being there."

She returned to Edmonton to be closer to family than in Yellowknife and ultimately back to Saskatoon in 1999.

♦ ♦ ♦ ♦

But no matter what subject I'm ad- dressing, my goal has always been the same: to write accurately and with feeling about real things, organisms, people and events, and to honour the magic of language. — *Carson By Nature, 2008*

Savage's love of the natural world predated her mother more than half of her life.

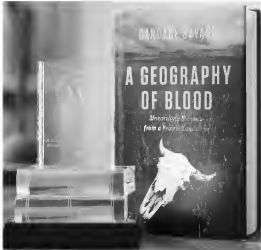
"If you were relatively comfortable reading science fiction, and then able to translate some of those discoveries into the more humane kind of language it was something I was able to do. But it certainly started out as pure pleasure and delight," said Savage.

"She's a real natural history fan," said Sanders. "To present it in a way that non-geologists can understand it and really really enjoy it and find themselves knowing science."

Savage lives in the company of two churning bagpipes, three dogs and an unthinkably named cat. It's always been this way.

As a child, her relationship was sporadic. Every evening she'd head for the couch and curl them home in a Victoria house lot.

"I think most people are fascinated by other living things when



A Geography of Blood won the \$20,000 Hilary Weston Writers' Trust Prize in 2007, Canada's most prestigious prize for works of non-fiction. (Photo by S. B. B. B. B.)

they're children," said Savage. "The fascination didn't end."

She had some petting, growing up, her daughter had experienced more, among them an agouti, a snake and a rabbit — though "I think she was just over for me."

It was in that setting that Savage first met Bill. She answered his personal ad in the *Saskatoon Star*. "Friendly, attractive, professional man, early life, seven children, tall, light woman to enjoy adventures, travel, the arts."

Their first meeting was at her house. "Among the salamanders and the mice and the turtles and the hairy dog, we had a big talk," said

Savage.

"He was a keeper from the very beginning."

In 20 years together, their adventures have included trips to Argentina and Tanzania, but it's a town in southwest Saskatchewan that has held the most appeal.

After first visiting Saskatoon 20 years ago, then again in 2000 in research for her book *Prison: A Natural History*, Savage has been captivated by the place — the latter time due to their old way breaking down the way out of town.

She found Saskatoon was a "winter haven" of all the prairie towns still lived in as a child, and of her

mother's childhood home near Regina, which "had always existed to my imagination."

"I think I felt at home but I also knew this was in its own way a spectacular place and an exotic place even though it probably just to be a bunch of cow pastures," said Savage.

"This dramatic 'nowhereville' inspired her latest book. *A Geography of Blood*, which in 2005 won Canada's most prestigious non-fiction literary prize, the Hilary Weston Writers' Trust Prize.

It also inspired Savage and Bill to buy a house in Saskatoon about 25 years ago, the real estate agent sug-

gested they were coming there to retire, which was "quite comical" because it meant that somebody thought he knew what he was doing by buying that house," said Savage.

That's not their plan — they have kids. It's big enough, but not as big as it's remembered, said Savage, whose daughter Diana and two-year-old granddaughter Adia also live here.

But they try to visit Saskatoon at least monthly. The excitement of the place draws them back. The river and its wildlife, the variety of birds, the fossils created in rock, the beauty of the grasslands.

♦ ♦ ♦ ♦

The wide open spaces of the Great Plains are a landscape of hope. Here is an ecosystem that has experienced the full onslaught of modernization in one brief historical instant and that, though battered and torn, still inspires us with its splendour. This is a country filled with life. — *Frederic A. Nothman Library 2004*

In her poems, the prairie Savage has restored the natural landscape in its terrible propensity.

"You can't study the prairie without — starting to feel a lot of grief and concern," she said. She tries to stay engaged and involved in conservation efforts to prevent further loss.

"People who love the prairie see its last best hope, and I really believe that. But we need to act on our love," said Savage. "In the very best we can make things less worse than they would have been."

She was a Nature Conservancy of Canada board member for five years and is a founding member of Wild About Saskatoon, a collective that tries to raise awareness of urban nature.

"We need to remember that we're all natural and that we're all still a little wild," said Savage, one in cell. "We still breathe the air, drink the water, eat plants and animals."

To that end, Wild About Saskatoon hosts the NatureCity Festival, being held May 25-26 around Saskatoon, of which Savage is the co-ordinator. Continued on Page 10

GARDENING

#GARDENING IN SASKATCHEWAN

The top-five fragrant plants for your garden

By Erl Svendsen

Warning: A garden is not a scent-free environment. At least it doesn't have to be. There are sticky plants that can fill a small yard to a whole neighbourhood with their fragrance. Some emit drifts of perfume during the day, while others are at their headiest in the evening. And, of course, they are only fragrant when in bloom.

With careful planning and selection, you can have a fragrant garden throughout the season. One thing to keep in mind: Fragrance is in the nose of the beholder. While some may swoon over the smell of a lily, others may find the same scent insufferable.

Here are my top-five fragrant plants to try this year.

This column is provided courtesy of the Saskatchewan Perennial Society (www.saskperennials.ca, saskperennials@shaw.ca).



Bill Reid rose PHOTO COURTESY CANADIAN NURSERY LANDSCAPE ASSOCIATION

Rose Bill Reid

Bill Reid is one of the Canadian Rose Series Roses. Unlike other yellow roses, this one is a repeat bloomer with good disease resistance.

Flowers: Golden yellow throughout season

Size: 50 x 90 cm (h x w)



Mockorange PHOTO COURTESY ALBERTAGARDEN

Mockorange

(*Philadelphus lewisii*) Blizzard

Blizzard seems to be a standard variety with a well-deserved name: when in bloom you can imagine yourself going snow-blind. It's cloudy and sweet smelling.

Flowers: Brilliant white, early summer

Size: 2.0 x 1.0 m (h x w)



Coral Lilac PHOTO COURTESY OF VICTORIA GARDENS

Lilac (*Syringa prestoniae*) Coral

There are some lilacs to choose from. Preston lilacs are well behaved, not suckering and flower a little later than other lilacs.

Flowers: Lilac pink, early summer

Size: 2.4 x 2.0 m (h x w)



Littleleaf linden PHOTO COURTESY OF NATALIA GARDEN

Littleleaf linden (*Tilia cordata*)

I'm always caught by surprise when these are blooming just behind my nose. Their fragrance is lemony and sweet.

Flowers: Pale yellow, mid- to late summer

Size: 2.0 x 0.8 m (h x w) at maturity



Northern Carillon lily PHOTO COURTESY OF THICKSHO PRAIRIES

Lily Northern Carillon

A spectacular specimen developed on the Prairies. Can literally fill your yard with its fragrance.

Flowers: Large, downward facing trumpets, dark purple-red throat with white edges.

Size: Up to 1.5 m tall

SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email bridges@thestarphoenix.com

SASKATOON'S BEST SPACES

Beauty and light fill a creative co-working space

By Jenn Sharp

Agora Creative Workspace was created with beauty in mind. An abundance of windows provide ample light that sweeps throughout the building. The building is housed in a one of Saskatoon's original heritage spaces and future plans are to restore the back facade to what it looked like in 1904. In keeping with modernity the door wither Agora is simple and beautiful — it's the tenants that will bring the colour to this space.

WHO? Tessa Keweler and Tessa Steele-Keweler

WHAT? Agora Creative Workspace

WHERE? 210 A 2nd St. in downtown Saskatoon

WHEN? Built in 1909 the building was originally the J.F. Curran Department Store. Back then the building had tall, sharp and the entrance was on Second Avenue. Its since had many tenants over the years. From a hairdressing school to mixed retail space. Tessa bought the building along with Tessa Keweler in 2009.

Three phases are planned. The first, a total renovation of the space was finished at June. The next phase is re-creating the 1909 facade of the building. The old space will be re-named to honor the original look, which is a beautiful, a good condition. Next comes a rooftop patio, herb garden and green space for the tenants to enjoy their lunch (they get 25 per cent off of Tessa's) or to host a party.

WHY? "I'm an artist and was originally going to use it as my studio but it is so big," says Tessa. "Then I thought 'I'm not that good of a painter it's not like I need all this space.'" He kept a small space for his studio and his wife Tessa Steele-Keweler, a hairdresser, moved her salon into the building. Eventually they decided to renovate the whole space.

BRIDGES PHOTO BY MICHELLE RENO
AND GORD WALKER



SPACES



The name Agora comes from ancient Greece. It was a meeting place in ancient times where everyone from philosophers to athletes would prefer to share ideas.

"We wanted a name (that fit) with downtown Saskatoon. We're in the centre of Saskatoon, we're in the financial district, the entertainment district, the shopping district. We're in an area where people want to congregate — it's kind of like an agora. We wanted to attract like-minded towards."

Thus far Agora has welcomed a beauty salon, photographer, handsewing salon, a vintage supplier and an apparel studio to tenants.

HOW? It used to be one large open area, with a lot of trees and plumbing for a handsewing school that occupied the space.

They refurbished it to include character touches along with larger spaces perfect for offices, an art gallery or yoga studio. They designed a beautiful open area in the front that is flanked by glass walls and windows providing a view out to the street below.

"I wanted to catch all the lights and make sure that the lights go through the rest of the space. People told me, 'no, glass is too expensive,' but I said, 'I need the light coming through. It would have been so dark otherwise,'" she says.

A callabourer work bar and kitchen will come online. Since it's still in the early stages, the tenants will decide how the open space is furnished. A large work table would suit most business-minded tenants, or an eclectic lounge area might be better for artists or writers.

"We want people to enjoy the space together and have a community feel to it," says Tocco.



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ON THE SCENE

#CHOC'LACURE FASHION SHOW SPRING 2014

Dutch Growers and the Saskatoon Fashion and Design Festival held the spring fashion show on April 19. The show's eagerly anticipated by Saskatoon's fashionistas. Held in the beautifully lit Dutch Growers greenhouse, it was more than just the models' spring looks that helped usher in the season. Garb's emotional lookbooks made its first public debut along with a run from 25 Ancho's. Heather Morrison hosted the event which was a fundraiser for Choc's McCare. Over \$1.3 million has been raised since 2007 for equipment at the Saskatoon Cancer Centre. The 20th Choc's McCare gala will be held Nov. 7.

BRIDGES PHOTOS BY MICHELLE BERG



ON THE SCENE

1. Kim Trischuk, Hilary Modl, Kendra Best, Courtney Galtgater and Kendra Casper
2. Doretta McClos, Jonelle Engel and Audie Kruzean
3. Sheena Kohert, Joelle Linkert and Jera Bauer
4. Heather Morrison emceeds the Chocolate Fashion Show Spring 2014
5. Eric Berendson, co-owner Leo James fans bottles
6. DJ Anchor spins at the show
7. Eric Stern, Bobbi Stewart and Kelle Stewart
8. Brittany Lacer, Nicole Silbermugel and Alexandra Sasing



Authentic Amish Cooking



Spare Rib

1/2 C. Ketchup
1/2 C. Chili Powder
1 T. Brown Sugar
Spare Ribs

3/4 T. Salt
1/2 C. Water
1/2 C. Molasses
Wood Cheese



Mix all ingredients, except meat, together. Place spare ribs in broiler of a heavy bottle. Cover with a layer of water and pour on the sauce. Cover and bake at 325° until meat is tender, about 2 1/2-3 hours. Uncover the last 30 minutes.

Applesauce Cake

1 1/2 C. Applesauce
Bring to boil, cover and let
stand 20 minutes.

1/2 C. Butter
1 Egg
1 T. Salt

1/2 T. Salt
1 C. Oats
1/2 C. Brown Sugar
1/2 C. Flour
1 C. Cinnamon
1/2 C. Eggs



Mix all together and add to the 1st mixture. Bake at 325° for 45-55 minutes or until cake top springs back when touched lightly.

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ASK ELLIE

Stepmother tired of being the kids' taxi service

Q: I've been with my husband for seven years. He has three daughters with whom I've been involved since they were young. I love them.

These mother's been very difficult to get along with. The kids are just hard on myself. I've taken that on stride.

However, lately I've felt confused about my involvement in these three teenage girls' lives. They no longer rely much on me as a parental figure and I'm OK with that.

They actually get along with me one day, weekly and every weekend. These mother will only drive them over or get them occasionally. Our relationship with her has gone downhill in recent years.

The father drives (not necessarily every night, sometimes to drive after a drink I agree).

She has left the pickup and drop off responsibility to me. If I don't do it, their mother refuses to allow them to come over.

Now one child wants to spend both weekend nights out with her friends

Ask Ellie



... which means more driving.

I once drove her friends around because their parents can't or won't. If I say so because I'm tired, not will or just want a break, I am made to feel guilty by the kids and my husband, too.

During a recent book argument, I told my husband he and/or has to pick them up over driving the kids around.

Now the kids don't come over as much. I get them, my husband's upset because he doesn't get to see them as much, the kids are upset because she's stuck with them more often. The poor kids are caught in the middle and are miserable. Yet I'm seen as the

bad guy.

I feel so used, abused, and heart by everyone involved.

These mother lives not that far away she also has a husband who's only picked up the kids twice over the years.

Am I right in expecting the parents to take some responsibility? I don't want to alienate the kids.

A: These children have been lucky to have you in their lives. For your caring and your generosity of heart and effort.

They're parents have been playing out a selfish power struggle for years, without concern for its impact on the children because they've had you to pick up the slack.

Your husband has made his drinking more important than his children's — it suggests his family "not essential" attitude may still be defined as alcoholism. At the least, it's stubborn and manipulative.

Politically, these parents are raising precious time. These will

soon not want to smooth because at all, or will drive themselves where they please. There's only a window of a few years to stay connected.

Talk to the kids and explain that you love them and want to see them, but sometimes can't do the driving, when others can. Say that you'll do it at other times, but you're not just a taxi service. If you go get them, they need to spend some time with you and their father in return.

Tell your husband that, through choosing drinking, he's creating tension with them, feeding the power struggle with his ex, using you, and it's affecting all of their relationships. Don't be afraid to speak up if he needs you.

Your feelings are valid. You can't accept being treated this way. Once you stand up for yourself, you'll stand the driving less and also not feel guilty when you can't do it. A real taxi-service car can also be used.

Q: I feel that large birthday parties for kids, where parents' friends

and distant family are invited and expected to give gifts, are over the top.

Do I always have to attend and give a gift?

We only invite immediate family for our children's birthdays and we give our kids a small gift.

I recently attended two children's parties. At one the parent photo-graphed the child with just parent and the child was instructed to hug the giver.

I gave a small token in a homemade card, and wasn't thanked.

At another party with 50 people in a hall, the child opened lots of presents at a table. I gave a beautiful homemade card, and no money. I wasn't invited again. Your suggestion?

A: You're reminded of your principles, as others are to their choices. Don't attend uninvited and critically. Instead, send a homemade card and sincere good wishes to the child and family.

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August 11-15, 2014

Canada Coast-to-Coast

Explore the role of the provincial governments in Canadian politics.

For more information, and to register, please contact us at:

(306) 966-8366 or

info@center@usask.ca

UNIVERSITY OF SASKATCHEWAN



Next week in **BRIDGES**

How Sheryl Harrow-Yurach and READ
Saskatoon are
changing the city's
literacy landscape
one book at a time



"It's about community building,
not just community helping."

S A S K A T O O N
FOOD BANK & LEARNING CENTRE

City - Wide Food Drive May 3rd

www.saskatoonfoodbank.org

Summer is coming and we need
your help to restock our shelves
with nutritious food for families in
our community.

Food drive bags will be coming to
your mailbox on April 30th

Fill your bag with non-perishable
items and put it on your doorstep
by 10 am on May 3rd

For more information visit us online!

9TH ANNUAL

THE MAN SHOW

APRIL 25-26-27 PRAIRIELAND PARK

FIRST THROUGH THE DOORS CAN ENTER TO WIN A \$600 SMOKER/COOKER PACKAGE FROM CABELA'S & GIFT CERTIFICATE TOWARDS A HUNTING/FISHING TRIP OF YOUR DREAMS COURTESY OF HOLT LAKE LODGE

WIN THE **Wheatland Fireplace** including installation

ULTIMATE DOOR PRIZE OF A \$10,000 BULL FROG HOT TUB! THE ULTIMATE DOOR PRIZE FOR THE ULTIMATE SHOW!

THE HOTTEST BOATS

SASKATOON WATERSPORTS MASSIVE BOAT DISPLAY

CHECK OUT THE TRX-RV CAMPSITE!

Get Under 'Shoe Insanity'

HOWES RV, DUNDEE 2014 ULTIMATE \$100,000 MAN SHED

12 HD-TV's Outdoor Shower Full Kitchen & 3 pc Bath Murphy Bed + 1 Too Much To List Another Package \$10 or 3 for \$30

TEST YOUR SHOOTING SKILL!!

Think You Can Hammer A Nail In A Second?? SPIKE OFF TO WIN PRIZES!!

Live Cars & Classic Car Club Display

HOT - HOT - HOT CARS & TRUCKS!!

LAURENCE BLUNDER CARROUSEL

EXHIBITOR INQUIRIES 306-992-1400

Sign Up To Win A Trip To Fairmont Hot Springs!!

FASHION SHOW

That's Right Fellas!!! Classy, Sexy & Sassy

ACTION SPORTS & RECREATION

MONSTER TRUCK RIDES

LIVE PAINTBALL!!

COOL BIKES!! AND SO MUCH MORE!

Safety Tips & Demos for All Ages

Get a Massage! Haircut! Make Hair in a Bowl!

STARTS FRIDAY!

THE ULTIMATE TRADE & CONSUMER EXPERIENCE

FOR YOU (Of course! You're a Man! And You're Welcome Too!)

MEET MEMBERS OF THE SUPER BOWL CHAMPION SEATTLE SEAHAWKS CHEERLEADING TEAM THE SEA GALS

sponsored by

FFUN >> motor group

Marvel at the Classic British Cars

BBQ GIVE-AWAY

See the \$450,000 Snakebit auctioned at Barrett Jackson

OUTSIDE THE LINES



Last week's contest winner is
Lilah Flieg-Bachsch!
Thanks to everyone who
submitted entries!

Colouring contest

Each week, Stephanie McKay
creates a timely illustration meant to
please kids of all ages.

Children can colour the page, have
a picture taken with the finished
product and email it to bridges@thebaptists.ca. The winner will
be chosen each week. Please send
entries by Monday 9 a.m.



WINE WORLD

#SASKATCHEWAN WINE TRENDS

Return to simpler wine times with this Merlot

By James Romanow

If you want to know what folks were drinking when they bought good reds 35 years ago, I suggest you step down to the BGA and pick up a bottle of Bushenford Merlot. This is a very rare red, reminiscent of a Pinot noir around 1980.

Back then, grapes were picked around 54 brix. Brix is a measure of the sugar content of the grapes and thus the ripeness. This was the key to producing decent wines — there was always enough residual sugar left. These days, Helen Turley and company ruled by the more strictly improved weather forcing us to harvest to us country of the computer revolution, pick their grapes as ripe as possible (at brix and sugar, before it is too late for "fine" California wine).

In the 1980s such wine could not even be completely fermented as the yeasts gave out at that level. This was the key to making port and other dessert wines — the amount of sugar left as converted to alcohol at the wine. But then yeast breeding took off and the next thing you know "dry" table wine, wine that before the last five years had by definition less than five grams residual sugar, (others were greatest) suddenly had anywhere from eight to 12 grams of sugar.

Brotherhood is the kind of wine that I prefer. This is roughly what a young Bushenford from a very good year tasted like back then. The two



are not first without being own producing and the glycerol levels are modest, giving the wine a lower more restrained palate.

The Spinner and Turley would spit this wine out. But if you like me, find modern wines overproducing, then try this one.

Brotherhood Merlot \$25 ****

Next week, I drink that will change your life. And the usual on Twitter @drbnoce

Crossword/Sudoku answers

NO	HASSLE	ASTRAL
PREMIO	REWEAVE	
RUNALONG	BEATIT	
ETA	JAY	ESS
TAKEAHIKE	ADOTO	
USA	SCOTS	AXON
ROTOX	STAIR	
RUZTOFF	AMSCRAY	
AXTON	HYENA	
SNOW	ORCA	PERO
ROLAS	MARELLA	
ITD	IG	IMAN
RAMANA	ANOSPLIT	
UPANUS	STATUARY	
MYROSH	TOYVOR	

1	7	2	8	9	5	3	6	4
5	3	6	1	7	4	8	2	9
8	4	9	2	6	3	5	7	1
9	2	8	5	3	1	7	4	6
3	6	5	7	4	2	9	1	8
7	1	4	6	8	9	2	5	3
4	9	1	3	2	7	6	8	5
6	5	7	9	1	8	4	3	2
2	8	3	4	5	6	1	9	7

OVERSTOCKED SALE!

UP TO 60% OFF

sew & home

Current Furniture Orders, Floor Models, Decor, Art, Lighting, Leather and much more!

OVERSTOCKED AS IS AND FLOOR MODELS

HUNTER DOUGLAS 40% OFF!!!

WOW!



601 - 1st Ave N • 306.733.2332
Sale ends May 10/14

We're looking for Volunteers

The Starline
Bridge City Boogie 8
walk • run • boogie • 2k • 5k • 10k

Sunday, June 8, 2014

We need volunteers for:

Thursday, June 5 • Saturday, June 7 • Sunday, June 8



All volunteers will receive appreciation, an appreciation party and a Boogie t-shirt! Also, volunteers for the Bridge City Boogie can win a voucher for a pair of shoes and a voucher for a voucher. The voucher is valued at \$200 and the staff at the event will be the winner with the best shoe for their foot!

For a complete list of available positions and to register, please visit
www.bridgecityboogie.ca

AREVA
Real people. Real solutions.

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphenix.com

MUSIC

Wed., April 23

Who Made Who
Buds on Broadway
817 Broadway Ave.

The Motorbikes w/ Ma the Gals
Vanzetti Tavern,
801 Broadway Ave.

Thurs., April 24

Emmett Ernie's Plan Fried Blues
Cricket Restaurant & Lounge,
1-227 Riverside Dr.

Jazz Jam: The David Fong Trio
The Basement,
202 Fourth Ave. N.

Quinze Town w/ Rimes Ruttons and DJ Rae
Vanzetti Tavern,
801 Broadway Ave.

Flat Black Electric: Charly Hostile and The Gaff
Amigos Cantina,
632 10th St. E.

Fri., April 25

Johnny Clazz
Broadway Theatre,
715 Broadway Ave.

Green Skunk
Buds on Broadway,
817 Broadway Ave.

Piano Friction: Brett Nelson Trio Series: Shana Phillips w/ Jim McLane
The Basement,
202 Fourth Ave. N.

Dan McConnell
Army and Navy Club,
399 First Ave. N.

The Standstills Trio
Molly's Tavern,
3710 Eighth St. E.

Leon Ocho

Farfield Senior's Centre
803 Fairmont Ct.

Footless
Teen Teen Tavern,
1630 Fairlight Dr.

The Reluctive
Lush Pub,
53 Campus Dr.

Indigo Joseph w/ The Arkhens and The Northern Lights
Vanzetti Tavern,
801 Broadway Ave.

Lady Hunkle w/ Shotgun Jaws
Amigos Cantina,
632 10th St. E.

Marty Grumbo
Lush's Pub & Grill,
1403 Midway Dr. N.

Crestwood w/ Bill for Short
Underground Cafe,
430 20th St. W.

The Band Woodland
Bikini's Lounge,
2404 14th St. E.

Free! from the Forest: Stickyfunds and Freddy J
Sunderland Hall,
112 Central Ave.

Sat., April 26

Seven Skunk
Buds on Broadway,
801 Broadway Ave.

Jazz Olive Series: The Elms Quartet
The Basement,
202 Fourth Ave. N.

Dan McConnell
Army and Navy Club,
399 First Ave. N.

Las Barrington
Natura Legion,
3021 Louisa St.

Saskatoon Rhythmnics
Downtown Legion,
604 Spadina Cres. W.



Rainbow DanceLand by David Thauhaeger is on display at the Miroslav Art Gallery. www.miroslavart.com

Wayne Baegan
Molly's Basement,
3030 14th St. E.

Pam w/ Walter Rabbits
Buddi's Bar & New Born
Vanzetti Tavern,
801 Broadway Ave.

Welcome to Oshawa: Tom's House Band (Pattie & Silas)
632 10th St. E.

Marty Grumbo
Lush's Pub & Grill,
1403 Midway Dr. N.

Sun., April 27

Roots Series: The Good Lovelies
The Basement,
202 Fourth Ave. N.

Las Barrington
Natura Legion,
3021 Louisa St.

Mon., April 28
121 Seneca w/ Paul Buds on Broadway,
817 Broadway Ave.

1349 and Goeborne w/ Black-Crown Initiative
Lush Pub,
53 Campus Dr.

Tues., April 29

Geregnese Blue Deth
Buds on Broadway,
817 Broadway Ave.

ART

Miroslav Art Gallery
Unit 20, Arts 27 at 500 Spadina
Cres. E. David Thauhaeger

Road Trips and Other Diversions and School Art, art by 200 students in Saskatoon schools. NBC Artists by Artists Membership Program, Mary Leeman and Jill T. Arndt. Through That Which Is Sovereign, until June 12. Angstrom is an online for Saskatoon Art Camps for kids ages six to 12, running July 1 to Aug. 22. Call 306-975-8487 or email townsend@miroslav.com.

Gordon Thauhaeger Gallery
April 23, 2 p.m. - 4 p.m. Murray Building, U of S. Artist talk by David & Indrag. Artist talk by Jill Hines. April 24, 12 p.m. - 5 p.m. Drawing, new drawings by Shalee Huculak, runs until April 25. Reception April 25, 7 p.m. to 10 p.m.

Green Ark Cultural Home
Unit April 23 at 312 20th St.

W. Anne Nicole: Works of Art

SCWAP Gallery
Unit April 25 at 203 Third Ave. S. Appreciation of the function by the SCWAP. Accepted art made by the local art collective. Reception by Anna Preble. McWhorter runs April 25 to May 24. Two series of works exploring different media. Reception May 17, 8 p.m. to 11:30 p.m.

La Nella
April 25, 5 p.m. to 9 p.m.; April 26, 10 a.m. to 5 p.m.; and April 27, 11 a.m. to 4:30 p.m., at 103-300 Fourth Ave. N. Paintings by the group six and a half. Artists include: Joe Jones, Bill and Betsy Nelson, Les and Diana Senecy, Madhu Kumar, and Ned and Sonya Shiner.

EVENTS

St. Thomas More Gallery
Unit April 20 at 1437 College Dr
Collaboration, with annual USCAO Art Installations and confide students' collection.

Station Arts Centre, Downtown
Unit April 20 at 701 Railway Ave. in Richmond
Obscure Works by Various Members
Anemorial Ground by Roy Knapley, April 20 to May 31
Recitation May 22, 7 p.m.

Pratt's Star Gallery
Unit April 20 at 1206 Eighth St. E. Spring
Works by Anna Metting, Bill Haranga, David Shiohry, Edward Esp, Eve Kirby, Gerry Berdick, Kim Crum, Valerie Sanyk and Yalbin Misan

Charity Art Auction
Unit April 20 at 7:30 p.m., at Gordon Stephens Gallery, 191 Marine Building, U of S
Hosted by SWHCA (Student Wellness Initiative toward Community Health)
A fundraiser to support the students' lead clinic and out of Westside Community Clinic, with wine and hors d'oeuvres
Works by local artists, students, and organizations will be available for viewing April 20 to May 2.

Ripper Passions & Gallery
Unit April 20 at 105 Third Ave. W. in Supt. A Wing and a Prayer by Diane Lamotte, Illinois

The Spring Collection
Unit April 20 at 10:30 a.m. in the eighth floor of the Delta Recreation
Presented by Kathy Felt
Art: Bruce solutions and made in one memory and by Ingrid Goff, Goff, Michael and Anthony, Tom Sakata, William Petros and Tim Johnson

The Still Gallery
Unit April 20 at Collective Coffee, 220 20th St. W.

Forest Landscapes by Kathi Bradshaw
New abstracts by Jan Carcon
New unit May 20 at City Parks, 600 Seventh Ave. N

Palatine Centre
Through April at 110 Greener Cres. Art in the Centre: works by the Saskatoon Quilt Guild

The Gallery at Frances Macdonald Library
Unit May 1 at the library
The Cat that slept on a Tortoise Shell by Patrick Mills
Recitation April 20, 7 p.m.

The Gallery at Pleasant View
Unit May 1 at 228 Third Ave. S. City Seen
An exhibition of cityscapes focusing on the relationship of art to architecture and the built environment.

Durrell Ball Gallery
Unit May 10 at 409-105 2nd St. E. Paintings and Prints by David Thauberger
Comics with the beginning of a touring retrospective of Thauberger's work.

Artivity Gallery
Unit 10 at 813 Broadway Ave.
Aboriginal Artworks from Aboriginal and Metis communities in Saskatchewan
Comics with the Aboriginal Artist's Series

Caloris Bakery & Restaurant
Unit May 20 at 725 Broadway Ave. Potted Plants: new works by Cindy Hestegard-Jellison

Centre East Galleries
Unit May 20 at The Centre
Works Festival display in the Royal Gallery, Children's Festival display in the Jade Gallery, photos by Spill it
Photo Art in the Amber gallery
Unit display by the Memorial Central Committee in

the Stone Gallery, photos by Imagery in the Crimson gallery, art display by Stafford Road College students in the Memorial Art for Life program in the Lavender Gallery, a display by the Saskatoon Public School in the Magenta and Indigo Galleries

Handmade House Showroom
Unit May 20 at 710 Broadway Ave. Trophy Awards by Peter Jeffrey Taylor

Starfinkler Canada Centre
Unit June 9 at 101 Deffenbacher Pl. & Queen and Her Country
This exhibit commemorates the Diamond Jubilee of Her Majesty Queen Elizabeth II from a uniquely Canadian perspective.

Ukrainian Museum of Canada
Unit June 21 at 110 Spadina Cres. II. Moved by the Spirit
A tribute to Ukrainian life on the Life of Jesus. A multimedia exhibition featuring the works of art artists

Humblebeet and District
Unit June 26 at 521 Main St., Humblebeet & District
A local Perspective, paintings and sculptures by Toni Ambrose and Sandy Christensen

FAMILY

Planet and Tot Toga
Wednesdays at the Farmers' Market at 10 a.m. Led by Diana Simpson and her grandson
For parents with children ages 15 months to three-and-a-half years old
Admission is free with a suggested donation to Yvonne Toga for Youth Spring a meal and snacks

Mom and Baby
Wednesday mornings
Unit June 1, 10 a.m. to 11:30 a.m., at Legends Centre in Harman, Laramie, there and

connect with other moms and babies in your community
Learn from local experts about a variety of topics for modern moms
Visit with mommy connections at the Saskatoon

Stems and Strollers
Wednesdays, 1 p.m. at Centre Grande in The Centre
Choice of two stories each week
A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in front theatres

Acacia Spring Camps
April 23, 9 a.m. to 12 p.m., and 1 p.m. to 4 p.m., at Acacia Saskatoon, 50-205 Eighth St. E.
Drawing and watercolour art camp for kids ages 6 to 10
Visit: www.acacia.com

LUUC Saskatoon Daytime Series Meeting
April 23, 12:30 p.m., at Moby and Centre at Station 20
West: 201-325-20-51
All women interested in breastfeeding are welcome
They meet the third Wednesday of the month, January to April
Call 306-955-4605 or email lruccsaskatoon@gmail.com

Newborn Knowledge Breastfeeding Class
April 23, 6:30 a.m. to 9 p.m., at Pregnancy and Parenting Health Centre, 208 Third Ave. S.
Taught by lactation educators and mothers, Marlene Noward and Freda Berry
Learn how to get off to a good start with breastfeeding in the first few weeks
Mothers and other support people are encouraged to attend

Fun Factory Indoor Mayhem
Daily at 15330 Quebec Ave.
A giant indoor playground for young children
Adults and children under one year are free
There is a separate

fenced-in area for children under two.

Children's Play Centre
Golfed Lawson Heights Mall
A fun, safe, environment for preschool children to play
Please note this is an unsupervised area, and adults must stay with and supervise children at all times.

Market Mail Children's Play Centre
Daily just off the food court at Market Mall
This play area is free and has different level slides
Children must wear socks in the play area.

Scouters
Thursdays, 9 a.m. to 9 p.m., October to May, at University of Northern Ontario, 1630 Acadia Dr.
Parent supervised playground for kids ages one to six
Indoor play equipment, games, colouring, dress-up, coffee/tea for parents
Registration on April 24: 473-3335

Breastfeeding Cafe
Thursdays, 10 a.m. to 1:30 p.m.
At Westside Primary Health Centre, 301 Fairlight Dr.
A drop-in support group for breastfeeding women
Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

Mamas For Mamas
Thursdays, 1 p.m., at Kinsmen Cinema in The Centre
An info-friendly environment with reduced sound, change tables, bottle warming and stroller parking.

Golden Hockey Camps
Various camps until April 24, and July 2 to Aug. 29
For kids ages seven to 12
Players must wear full hockey equipment
Visit: www.sports.com/jennifercamp-camps.aspx, call 306-955-3636



WOMEN OF DISTINCTION AWARDS
YVCA

AWARDS DINNER
MAY 29, 2014

5:30pm champagne reception and silent auction
6:00pm dinner and program

Early bird tickets \$120 before May 9

Get your tickets today on Pledge!

www.yvca.org/womenofdistinction
306.244.7023 x131

EVENTS

Shop 'n' Stroll

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Casselman Senior at The Mall at Lakeside Heights. Displays consist of power-walking, body-sculpting moves using exercise tubing and a socializing for parents and babies. Promotional at www.noranda.ca info@noranda.com. No classes on start holidays.

Coffee Time for Moms

Fridays, 10 a.m. to 12:30 p.m., at Stated-Bassett (Box, 19-106 Central Ave. Moms enjoy a break of coffee while children play in the playroom.

Baby Talk at SPL

Fridays, 10:30 a.m., at Alice Turner Branch, Mondays, 10:30 a.m., at Carlyle King Branch and 5 Woodlands Branch and Tuesdays, 10:30 a.m., at Cliff Wright Branch. Half-hour singing and rhymes, then playing with other parents.

Kaiser Family Group

Until April 25 at Beaver Creek Conservation Area. Search and count camouflaged snowflake flakes at the creek. Free to a \$15 donation per group. Call 306-334-2624.

Pinky Antennae Kids Camp

April 29, 9 a.m. to 4:30 p.m., at Pinky Antennae Studio. For ages eight to 11. Discover elements of art, use many media types and sources, explore new techniques and applications, learn art history, and keep a daily sketchbook. With a Field Trip to the Mendel Art Gallery. Visit www.fairlyfancifulstudio.blogspot.com, antennakids@fairlyfancifulstudio@gmail.com.

Craft and Story Time

Sundays, 3 p.m., at Indigo Books, 3022 Eighth St. E. in the kids' section.

Used Children's Clothing Sale

April 26, 9 a.m. to 12 p.m., at



CL players in Saskatoon Soccer Academy receive Scott McInnes and his young football players show skills at the Don Rancop All-Star Football Camp for Kids. The annual camp takes place at the Sask Soccer Centre on Saturday. PHOTOS BY GARY SCHUBERT

Emmanuel Baptist Church. Gently used clothing for children at reasonable prices. All proceeds support Trustees of Spinal Muscular Atrophy.

Handcuff Soccer Camp for Kids

Until April 25 at the U of S. For kids ages eight to 11. Learn about cardiovascular exercise and wildlife. With daily clinics. To register call 306-966-0399.

Don Rancop All-Star Football Camp

April 26 at the SaskTel Soccer Centre. 7:30 a.m. to 12 p.m. for kids ages seven to 11; 12 p.m. to 4:30 p.m. for kids ages 13-19. Learn football from CFL players. This is a non-contact camp. Players receive athletes gear and cleats. Tickets at sasktel.com.

Something on Sundays

Sundays, 2 p.m. to 4 p.m., at the Mendel Art Gallery, 5553 Agassiz Cres. It's free family fun for ages four to 12, accompanied by an adult. Art-making activities in a gallery setting. Supplies are provided. April 27, Mini Postcard Artist

Training Cards, make and trade your own mini postcard artist trading cards.

Kiwamen Day at the Museum

April 27 at the Children's Discovery Museum in Market Mall. This fourth Sunday of each month in 2014, admission is free. Courtesy of the Kiwamen Club of Saskatoon.

Postnatal Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Birthing with Health Centre, 248 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Baby-friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at www.mindbodytree.com/bornaway. No class on start holidays.

Shoreline Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Birthing with Health Centre, 248 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 306-260-9643 or email info@mindbodytree.com

email.com. No class on start holidays.

Drop-In Daydream

Mondays to Fridays through May, 9:30 a.m. to 11:30 a.m., at Hank Hays Soccer Centre, 219 Princess Dr. An indoor public playground with ride-on toys, sporting equipment, toys and books for children up to age six. Food and drinks are welcome, but the building is picnic-free.

Bibbidi Bobbidi Be Playroom

Mondays to Fridays, 10:30 a.m. to 4:30 p.m. and late night Thursdays, at Bibbidi Bobbidi Bees, 11-105 Central Ave. With a vet area, kitchen and shopping carts, puppet theatre, stage and crafts. To book groups, or to check for availability, call 266-355-4701 or email bobbidibees@bobbidibees.net

Playgroup

Tuesdays, 6:30 a.m. to 11:30 a.m., at Green-Wickström Learning Centre, 1801 Central Ave. Hosted by Priscilla Housley Learning Consultants, a group of families

inspired by Waldorf philosophies. Programming is aimed at children ages two to five, but all ages are welcome.

Preschool Story Time

Tuesdays and Fridays, 10:30 a.m. to 11 a.m., at Monthly Refines, 3030 Eighth St. E. For children ages three to five in the Circle of Trees, Call 306-968-9277.

Stay and Play

Tuesdays and Wednesdays, 9:30 a.m. to 11:30 a.m., September through April, at Louis St. Community Church. For children up to age five. Semi-structured, arts, snacks, story time, toys, activities. Email stayandplay-saskatoon@gmail.com or visit the Facebook page.

Dancing for Birth

Tuesdays, April 29 to June 3, 6 p.m. to 7:30 p.m., at Pregnancy and Birthing with Health Centre, 248 Third Ave. S. A 16-week course. Dance classes to just an expecting mother aware at ease with her body and mentally and physically ready to welcome the birth experience. "Inspirational" with some birth rhythms too.

Nativity Years

Tuesdays until June 11, 7:30 p.m. to 9:30 p.m. at Pregnancy and Birthing with Health Centre, 248 Third Ave. S. A comprehensive 10-class nativity series, preparing parents for the birth of a child to register visit www.birthrhythms.ca.

Saskatoon Public Library Programs

**Ongoing daily programs for children and families. Find the calendar at [## ERIKS & KIDZ? Saskatoon](http://saskatoonlibrary.ca/index/1015.</p>
</div>
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Regular after-school programs, games and classes for kids ages 6 to 12 at various locations in

Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO bricks. Visit www.eriks-kidz.com or call 306-979-2349.

* SPECIAL EVENTS

Age-Friendly Saskatoon

April 23, 12 p.m. to 1 p.m., at Saskatoon Community Clinic, Mini-Louder Building, 424 First Ave. N. Enter through back alley door with Candace Skepek speaking about the Saskatoon Council on Aging's Age-Friendly Saskatoon Initiative and other activities. For information call 306-564-4363.

Speech-Dreading and Information for the Hearing

April 23, May 15, 26, 1:30 p.m. to 3:30 p.m., at Saskatoon Hearing and Hand of Hearing Services, 3-11 First Ave. N. Hosted by the Hand of Hearing Association. For information call 306-397-1387.

Chris Chris Elvis: An American Trilogy

April 23, 7:30 p.m. at The Rock. The Chris Chris Elvis impersonators pay tribute to the most influential one of the Kings: career-highlighting the legendary Memphis Beats Rock 'n' Roll Band with the Upstart Horns and 100 songs. Tickets at saskatoon.ca.

Argentine Tango Weekend

April 24-25 at First House Dance Centre, 245 25th St. W. With Rosina and Fabian Belmonte. Workshops and private lessons for all levels. With a Milonga and how April 27, 7 p.m. Register at www.tangosaskatoon.com, tangosaskatoon@hotmail.com.

Spring Concert

April 27, 3 p.m., at the Garryn Cultural Centre, 1801 Central Ave. Presented by the volunteer-driven Concordia, directed by Christa O'Grady. Coffee and cake after the concert.

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

North American GEN Environment Film Festival
April 24-27 at Roy Thomas and Frances Mariani Library. Presented by the Saskatchewan Film Network (SFRN). Films, workshops and presentations on the theme, Fuel the Change. Films on cycling, renewable energy, waste reduction, urban and organic agriculture. Visit www.genenv.ca.

36th Annual SGO Book and Music Sale
April 26 to May 1 at Saskatoon Symphony Community Centre, and at Paved Arts. An annual fundraiser for the Saskatoon Symphony Orchestra. Visit saskatoonscso.com or call 366-6654-6654.

Saskatchewan Pudding Symposium
April 25, 11 a.m. at TCU Place. Guest speakers: David James Beilan and Eric Driedger. With a breadshow, seminars, supper and silent entertainment. Tickets at 877-31-2735, rs.ericdriedger.net.

The Man Show
April 25, 4 p.m. to 10 p.m.; April 26, 11 a.m. to 5 p.m.; and April 27, 11 a.m. to 5 p.m., at Paved Arts & consumer and trade show for men. Featuring the ultimate man shed. Visit www.manshow.ca.

Stark Night Fundraiser
April 25, 5:30 p.m. at Downtown Crier, 806 Spadina Cres. \$8. Tickets at 326-3645-7075.

Build Your Skills with Andy
April 25, 6:30 p.m. at West Point Pottery, 5-310 Eighth St. E. A break-strikes class for adults. Telephone call 326-373-3239.

Springside Handmade Market
April 25, 4 p.m. to 10 p.m., and April 26, 10 a.m. to 5 p.m., at St. Joseph's Parish Hall, 535 Eighth St. E. Hosted by Ploek



The annual Man Show consumer and trade show for men goes from bar to bar at Paved Arts Park. **ULTIMATE MAN SHED**

and Gathers Craft Collective. Featuring vendors from across Western Canada, food and drinks. Visit rockandgathers.blogspot.com.

Conspirent Consumption and the Rise of the Sharing Economy
April 25, 10:30 a.m. to 5 p.m., at 3814 Ave 22 West. Share your experiences, learn about new models and explore opportunities to develop and support a sharing economy in Saskatchewan. Tickets at gates.ca.

Sweep Into Spring: Rock! Art! Clean Up!
April 25, 9 a.m. to 1 p.m., inside Boka Victoria School. A one-day free garbage collection clinic for Norham residents to clean up their back lanes free of charge and hot dogs from 10:30 a.m. to 1 p.m. Must bring proof of residence.

Spring PEC Workshop
April 26, 10 a.m. to 4 p.m., at Queen's House of Rebekah care of the earth, care of the church. What does the environment have to do with

environment? Featuring keynote speaker Dr. Artistic Wicks. Register at 366-6654-6654, gates.ca or call 366-6654-6654.

Roseland Renaissance Super Girl Costumes (and more) Sale
April 26, 10 p.m. to 6 p.m., at Price Flow Dance Centre, 224 22nd St. W. New and gently used clothing, boutique costumes, shoes and accessories for sale. Featuring: Sack Ties & Appear Jewellery. Abandoned Warehouse Crafts, White Souleas, Positive Passions and Penny Lane.

Fourth Annual DanceFest
April 26, 6 p.m., at Helen Gardenie, 90 22nd St. E. A gala fundraiser presented by the Saskatchewan Dancers' Association. Featuring keynote speaker Mary Smith with Wild Lobster. Mascha Harris, Matt Weida, Melissa Johnson, Matt Gomez, Scott Schultz, Ben Hansen, Scott McKinnay and Dan Macdonald. Tickets at jazzline.ca, saskdancers.ca, 366-6654-6654, pdxline.com.

Supporting Big Brothers Big Sisters of Saskatoon and Saskatoon Minor Football

Wotoko Children's Choir
April 26, 7 p.m., at Zion Lutheran Church, 333 Fourth Ave. S. The choir will perform Wotoko is a tribute to a prophet that was inspired by a response to the overwhelming number of orphaned and vulnerable children and women in Uganda. Visit www.wotokoconcert.com.

Quintango
April 26, 7:30 p.m. at TCU Place. Saskatoon Symphony Orchestra's Camerata Solo Series. Featuring Montreal quartet Quintango, and Argentine tango dancers Rosana and Fabian. With pianist Silvana Aubin, Jonathan Goldman on bandoneon, Denis Gosselin on double bass, and violinist Anthony Ravel and guest conductor Richard Champagne. Tickets at tadpole.ca.

Saskatoon Choral Society
April 27, 2:30 p.m., at Grace Westminster United Church, 503 10th St. E. The choir:

ing Desert Echo. Saskatoon Salica, Argentine Tango, Free Flow Dance Theatre. Hula Hooping, Saskatoon Lindy Hop and Flamenco.

Art Beyond the Event Horizon
April 30, 7 p.m., at the Menden Art Gallery & Free public lecture by Art Theorist Stephen Wright. The event launches Museum 3.0, a series that will inform the artistic direction for Menden Art Gallery of Saskatchewan, new under construction.

THEATRE

Leading Ladies
April 23 to May 1 at Paveph Theatre. A down-to-earth, quick-changing comedy complete with young men chasing love and money while wearing dresses. Tickets at pavephtheatre.org, 366-348-7727.

Be Onker
April 25-27 at Studio 94, 944 29th St. W. Presents Day La Touche at her "Three young people meet on the roof of their school and exchange their staves on life and the human condition, friendship, love, violence, hope and disillusionment." Tickets at 306-561-9231, saskpuppetry.ca.

Operation Rock Block
April 25 to May 1 at Deming Sky Theatre in Menzies. A story about a giant rock the 370 kilometres high. The rock is called "The Wall" in the face of the valley being flooded to manage drought in the late 1950's. Operation Rock explores an anthropological journey in the making of the rock and its history to fight for the rock. Tickets at 306-376-4443.

Send listings or a brief summary of an offering to bridges@thestarphoenix.com. Listings and the posting of your events.

SHARP EATS

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SASKATCHEWAN FOOD TRENDS

A manifesto for the new food movement

By Jenn Sharp

"The best we can do is to leave [the land] more fertile than we found it."

These words came from Canada's registered urban farmer Michael Altman. Altman has transformed areas of Vancouver's downtown Westside notorious for poverty, crime, drug use and sex-trade workers into an urban farming area.

He was in Saskatchewan recently to give a keynote speech at the Grow Saskatchewan Workshop. The workshop, which was presented by the University of Saskatchewan and the Saskatoon Food Bank and Learning Centre, explored creative, community-based food systems and how to help build local food connections.

Altman's Side Food Street Farms began in a half-acre parking lot behind the Antenna Hotel on East 10th Street five years ago.

It's grown to have different area monthly gardens that produce 38 tons of artisanal quality food per year that any chef would be proud to serve (and chefs do in 30 Vancouver restaurants as just that). The produce is also for sale in six farmers' markets. Altman and the garden have personalized the food production system for people. "Because it's in your city and because you can see it."

The gardens also provide meaningful work to people with disabilities and/or mental health issues.

"We're not trying to save anyone or get anyone off drugs but if the results of working in the garden are positive, so be it," Altman said. The crowd of about 100 people at Grow Saskatchewan.

The assistant drug paraphernalia thrown from the Antenna into the garden requires workers to wear gloves and spend an hour a day picking up the trash. Yet, they persist.

We have people employed with as many as five years that had not been employed for five months, Altman said proudly.

Side Food Street Farms uses high-density plantings to maximize the



The Side Food Street Farms garden in Vancouver is a great example of community-based urban agriculture. Located in a city-owned vacant lot on West Avenue North, the garden produces thousands of pounds of food every year. SUBMITTED PHOTO

production in these small growing plots. For example, spinach and radish are planted using preplant seeders. When the spinach finishes its growing cycle, the radish begins. About 1,000 strawberry plants grow vertically in towers, alongside 30-foot tall tomato plant towers.

While it's easy to romanticize urban agriculture, the reality is much different. It hasn't been an easy road for Side Food Street Farms, and it often comes heated. Access to land and securing long-term tenure is difficult. Theft and vandalism are daily concerns. Finding people with agricultural experience is tough. There's also the challenge of educating a public about the real costs of cheap food.

In the U.S. and Canada, we have the cheapest food of anywhere in the world," said Altman. "You pay for it long after you leave. You pay for it

with your health... (and with the environmental/food cost)

"How do you address that there's a high cost to cheap food and enable people to pay more?"

He said pleasure is a greater motivator than guilt. The doom and gloom environmental messages of the last 30 years have left most feeling help-less and motivated.

Altman's considerable knowledge can be applied anywhere. Saskatoon and Regina are on a good path toward sustainable food production. Both have numerous community gardens, many of which are located in the inner-neighborhoods. Both have indoor farmers' markets, along with numerous outdoor spots in the summer. Many chefs highlight locally produced food on their menus, showing customers it's possible to do this more at home.



Michael Altman founded Side Food Street Farms in Vancouver. SUBMITTED PHOTO

SHARPEATS



**RECIPE FOR SUCCESS:
FREE FAMILY COOKING CLASS**
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Saskatoon Food Bank and Learning Centre, 203 Ave. C S. Phase
336-506-1923 to register

Families cook a variety of nutritious meals together. Everyone enjoys the meal together at the end of the class. There is also music, singing and math support for children. Up to five families can participate in each session.



Our Prairie cities don't have the same population density challenges other cities face. Both are surrounded by large areas of farm land. Ableman said it would take a synergistic and enterprising people to start a profitable operation on 30 to 70-acre plots, providing food at retail prices to markets and restaurants while regenerating the space.

"We need to train people how to do this and show them they can make a living at it too."

Potatoes also are evaluated based on a ranking system for our food future with which Ableman noted has legacy address.

Author: @Twitter: @saskatoon
Twitter: @saskatoon

MICHAEL ABLEMAN'S NEW FOOD MOVEMENT MANIFESTO:

- Every municipality should establish working farms that demonstrate the economic potential of small farms. Most people are now so removed from this type of work that they need to see it.
- Reduce what comes into communities from elsewhere and reduce what leaves (i.e. food).
- A portable, cook-prep: purchased by a municipality and taken to farms can help supply immediate and affordable to the local.
- Get over our phobia of human waste. Stop spending millions flushing it away and polluting the water. Start composting it back.
- Farmers' markets should be required in every city and seen as equally important to public health as swimming pools.
- Every new building or street must contain an element relating to food production (vertical gardens).
- Phase out all laws.
- Use school kitchens for canning, freezing and dehydrating food products.
- Focus on farming, cooking, mechanics and carpentry in schools, and not just on math, science and English.
- Every land purchase should require the owner to attend a stewardship and restoration training course. This will move land away from being a commodity.
- There is a crisis of participation — so few people know how to farm. Create on-line, mobile food skills network. Farmers need it now. Make friends with a farmer. No, it is going to need them.



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